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Sermon Outline

Key Scripture

Christian brothers, I ask you from my heart to give your bodies to God because of His loving-kindness to us. Let your bodies be a living and holy gift given to God. He is pleased with this kind of gift. This is the true worship that you should give Him. Do not act like the sinful people of the world. Let God change your life. First of all, let Him give you a new mind. Then you will know what God wants you to do. And the things you do will be good and pleasing

Romans 12:1-2

The Christian life is about changing to reflect more of Jesus through the process of sanctification.

1. Change is Difficult.

What causes fights and quarrels among you? Don't they come from your desires that battle within you?

James 4:1

2. Change is necessary

Do not act like the sinful people of the world. Let God change your life...

Romans 12:2

3. Change is possible

...First of all, let Him give you a new mind. Then you will know what God wants you to do. And the things you do will be good and pleasing.

Romans 12:2

Doing the Impossible

Opening Thought

Changing yourself is difficult. But, in order for us to grow and mature, change is necessary both for our own growth and for us to reflect Jesus to the world. Change is possible with the help of God through the Holy Spirit.

For personal reflection or group discussion.

- Would you consider yourself an impatient person? Why or why not?
- What lifestyle changes have you made with things like eating, sleeping, exercise...etc? How have they helped you grow?

Questions to go deeper in your faith.

Why is growth painful? What analogies can you draw from your body that illustrate this?

Are Christians supposed to change? How do Christians change?

What other areas of growth are painful?

Read Romans 7:15-25. What sticks out to you? What does this reveal about the power of sin to control our lives

Next Steps

- What spiritual disciplines do you practice? If you don't have any how will you establish some in your life?