

SORROW + HOPE

AUGUST 29

A STUDY OF JEREMIAH & LAMENTATIONS

Sermon Outline

Key verse

Because of the Lord's great love we are not consumed, for his compassions never fail.

Lamentations 3:22

1. Return to Him

Let us examine our ways and test them, and let us return to the Lord.

Lamentations 3:40

2. Rely on Him

Blessed is the one who trusts in the Lord, whose confidence is in him.

Jeremiah 17:7

3. Rest in Him

This is what the Lord says: Be careful not to carry a load on the Sabbath day or bring it through the gates of Jerusalem. Do not bring a load out of your houses or do any work on the Sabbath, but keep the Sabbath day holy, as I commanded...

Jeremiah 17:21-22

GOD IS FULL OF COMPASSION

Opening Thought

Even in our most trying circumstances, we can trust that God will remain faithful and good. Our present and future hope gives us strength for today. The Lord is good to those whose hope is in him and He is full of compassion. Will we dare to hope, even in an unstable world?

Icebreakers

- Do you tend more toward insomnia (struggling to sleep) or narcolepsy (sleeping heavily and easily)?
- Would you rather return to a vacation spot or go somewhere new? How about restaurants?

Discussion

- In what ways did God speak to you today through His Word?
- What can we learn about God from the following passages? Psalm 103:8-13, Lamentations 3:22-32
- Pick a verse or phrase from verses 22-33 that applies to your life right now. What do you need to remind yourself of or to remember about God?
- Was there a time in your life that you wandered from God? What drew you back to Him?
- What do you think Jeremiah means when he writes, "The LORD is my portion?" (Jeremiah 3:24)

Closing

- Take your concerns to the Lord today. Like Jeremiah, we can pray with sorrow and heartbreak.
- Dare to hope! Cling to God's goodness and faithfulness.

NEXT SUNDAY, SEPTEMBER 5
Community Worship Service @ 10AM
Ballfield by Fredericksburg Elementary