

the
games
running your race

AUGUST 1

Sermon Outline

Key verse

Fight the good fight of the faith. Take hold of the eternal life to which you were called...

1 Timothy 6:12

How to fight the good fight

1. Know when to walk away

Flee from all this...

1 Timothy 6:11a

Avoid foolish controversies and genealogies and arguments and quarrels about the law, because these are unprofitable and useless.

Titus 3:9

2. Get in on the action

Pursue righteousness, godliness, faith, love, endurance and gentleness.

1 Timothy 6:11b

3. See it through

Keep this command without spot or blame until the appearing of our Lord Jesus Christ.

1 Timothy 6:14

THE GOOD FIGHT

Opening Thought

The Bible tells us to “*fight the good fight of the faith. Take hold of the eternal life to which you were called.*” Sometimes we fight the wrong battles and other times we are grow weary and throw in the towel. But Christ is the victor and through him we can have victory over the enemy!

Icebreakers

- Have you ever been in a fist fight? What happened?
- Do you ever regret getting caught up in an argument?

Discussion Questions:

- What is one thing that stood out to you from this week’s message?
- In your own words, what is the good fight?
- How might the good fight begin within us?
- Paul also instructs us to “take hold of the eternal life,” meaning the life to come as well as the abundant life with Jesus in the present. How do we take hold of this life?
- Read Philippians 3:12–14. What things we need to “forget” about in our lives in order to press on?
- Are you facing any spiritual challenges? If so, what are they?

Next Steps

- Express gratitude – how will you praise God this week?
- Arm yourself with the Word of God – what role will the Bible play in your life this week?