

# GALATIANS

FREEDOM THROUGH CHRIST



MCA

## Sermon Outline

### Key verse

*Those who belong to Christ Jesus have crucified the flesh with its passions and desires. <sup>25</sup> Since we live by the Spirit, let us keep in step with the Spirit.*

Galatians 5:24-25

### How to have freedom over the desires of the flesh

#### 1. Serve others

*You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.*

Galatians 5:13

#### 2. Seek the Lord

*So I say, walk by the Spirit, and you will not gratify the desires of the flesh. <sup>17</sup> For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.*

Galatians 5:16-17

#### 3. Surround yourself with helpers

*As iron sharpens iron, so one person sharpens another.*

Proverbs 27:17

## FREEDOM FROM THE DESIRES OF THE FLESH

NOVEMBER 17  
DISCUSSION GUIDE

### Opening Thought

Paul tells the Galatians to walk in the Spirit in order to have freedom from the desires of the flesh. Through Christ we walk in victory over our sinful nature! *"I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me."* (Galatians 2:20)

### Ice breakers

- What is your favorite fruit?
- What are you most looking forward to this holiday season?

### Dig Deeper

- What does it mean to "walk by the Spirit?" (v. 16)
- Review the acts of the flesh (Gal 5:19-21) Are there any words you do not know?
- Of these acts of the flesh, which ones do you see frequently tolerated in the church today? Why do you think that is? How do you think Paul would respond to the 21<sup>st</sup> century church in America?
- Review the fruit of the Spirit (Gal 5:22-23) Which fruit do you particularly need to ask God to grow in you?
- What fruit have you noticed recently in someone's life?
- How are you planning to keep in step with the Spirit this week?

### Closing

The good news of the gospel is that we are freed from bondage to our sinful nature! Keep your eyes on Jesus and ask the Holy Spirit to strengthen you and produce kingdom fruit for God's glory.