

REFUGE

PSALM 91



MCA

Sermon Outline

Key verse

Whoever dwells in the shelter of the Most High will rest in the shadow of the Almighty. ² I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."

Psalm 91:1-2

How to respond to the Most High

1. Praise His name
Psalm 113:1-3
2. Honor His name
Exodus 20:7
3. Call on His name
Romans 10:13
4. Proclaim His name
Deuteronomy 32:3
5. Trust His name
Isaiah 50:10
6. Love His name
Psalm 91:14

The name of the LORD is a strong tower; the righteous run to it and are safe.

Proverbs 18:10

MOST HIGH - *ELYON*

MAY 5
DISCUSSION GUIDE

Opening Thought

This week we are launching into a four-week study of Psalm 91. In it are four names of God. Each name of God reveals one of His qualities. We'll focus on one of these attributes each week and when we're finished we'll appreciate Him more than ever before. When the storms of life hit, we have a refuge!

Discussion Leaders – feel free to spend time reflecting on the Sunday School Shuffle. Which group were you in? Who did you meet? What did you learn? What was the experience like?

Ice breaker

- What does your name mean?

Dig Deeper

- What are the four names of God in Psalm 91?
- What do you think it means to "dwell in the shelter of the Most High?"
- In what ways is God your refuge?
- Read Isaiah 52:6. Why do you think it is important for believers to know that there is power in the Lord's name?
- Read Proverbs 18:10. What can we learn from this verse?
- John shared 6 ways to respond to the Lord. Which was do you find yourself doing the most? Which one most challenged you today?
- What stood out to you from the sermon today?

Closing

When you're in trouble, claim the promise of Psalm 91:14-15: *"Because he loves me, says the LORD, I will rescue him; I will protect him, for he acknowledges my name. He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him."* God's name is a refuge to all who run to him for safety.