



Sermon Outline

Key verse

Then Jesus declared, "I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty."

John 6:35

Jesus satisfies our souls

1. Stop chasing the wrong things

Jesus answered, "Very truly I tell you, you are looking for me... because you ate the loaves and had your fill."

John 6:26

2. Don't stop believing

Jesus answered, "The work of God is this: to believe in the one he has sent."

John 6:29

3. Fix your eyes on Jesus

"For my Father's will is that everyone who looks to the Son and believes in him shall have eternal life, and I will raise them up at the last day."

John 6:40

THE BREAD OF LIFE

SEPTEMBER 28
DISCUSSION GUIDE

Opening Thought

Everyone hungers for something—success, security, love, recognition. But every earthly pursuit eventually leaves us wanting more. In this passage Jesus calls himself “the bread of life,” offering a satisfaction that never spoils or fades.

Ice breakers

- Share about your experience with *Guess Who's Coming to Dinner* last weekend.
- What's a meal or food that always seems to leave you hungry again soon after eating?

Dig Deeper

- In verse 27 Jesus warns against working for “food that spoils.” What modern pursuits fit that description?
- Why do temporary things continue to capture our attention even when we know they won't last?
- Read Matthew 4:4 and Proverbs 27:20. How do these verses sharpen Jesus' warning?
- The crowd asks, “What must we do to do the works God requires?” (v. 28). How does Jesus' answer in verse 29 challenge our tendency to earn God's approval?
- Believing in Jesus is more than a one-time decision. How can faith function like a daily meal rather than a single snack? (See Hebrews 11:6.)
- Verses 35–40 contain several promises (“will never go hungry,” “will never be cast out,” “will raise them up”). Which promise stands out to you today, and why?
- Compare these verses with Hebrews 12:2. How does focusing on Jesus give security and endurance in daily life?
- What practices help you keep your eyes on Jesus when distractions or hardships arise?

Closing

Jesus offers more than temporary relief—he gives eternal life and soul-level satisfaction. What practical step will you take this week to feed on Jesus, the bread of life? Thank the Lord for Jesus, the true bread of life. Ask him to help you stop chasing what spoils, to keep believing, and to stay focused on him for lasting satisfaction.

Next Sunday, October 5

Connection Sunday

- New members
- Everyone wears a nametag
- Carry-in meal