



## Sermon Outline

### Key verse

*In the night, Lord, I remember your name, that I may keep your law.*

Psalm 119:55

### The promises of God's Word anchors our souls

1. God's Word grounds us in times of darkness

*My comfort in my suffering is this: Your promise preserves my life.*

Psalm 119:50

2. God's Word guards us in times of disgrace

*The arrogant mock me unmercifully, but I do not turn from your law.*

Psalm 119:51

3. God's Word grows us in times of delay

*Your decrees are the theme of my song wherever I lodge.*

Psalm 119:54

## GOD'S FAITHFULNESS IN AFFLICTION

JANUARY 18  
DISCUSSION GUIDE

### Opening Thought

God's Word anchors us in seasons of affliction. It is a comfort because all of God's promises are true! Today's passage invites us to ground our hearts in Scripture when life feels dark, when we feel misunderstood, and when deliverance seems delayed.

### Ice breakers

- Are you a night owl or a morning person?
- What lifts your spirits when you are down (ice cream, taking a walk, visiting with a friend, etc.)

### Dig Deeper

- How can seasons of waiting (or delay) actually shape or grow us, even when we wish God would act faster?
- In verses 49–50, the psalmist asks God to “remember” his word. Why do you think God's promises bring comfort during suffering?
- What does it look like to let God's Word *guard* your heart when you feel misunderstood, judged, or discouraged?
- John shared three ways God's Word anchors our souls. Which of these three do you need most in this season?
- Verse 51 speaks of being mocked by the arrogant. How does pressure or criticism from others challenge your faith today?

### Closing

God's Word is an anchor—not because it removes the storm, but because it holds us steady in it.

### Challenge for the Week

Set aside time each day this week to read, reflect on, and cling to one promise from God's Word. Ask: *How is God anchoring me through this?*